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How do UC disability?

Events planned for Disability Awareness Week to educate students and faculty

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The Ursinus community will be broadening its horizons during the week of Oct. 2, spreading awareness and promoting openness with the topic of disability.

Physical and mental disabilities can be difficult topics to discuss without knowing the vocabulary. Thanks to the Center for Academic Support, Career and Professional Development, UC Ambassadors, and director of disability services Shammah Bermudez, Ursinus will hold activities all week in order to decrease stigma around the many faceted aspects of disability on and off campus.

Disability Awareness Week was designed to educate the entirety of the Ursinus community including students, faculty, and staff. According to the Centers for Disease Control and Prevention, in the US, one out of every five adults has a disability.

"I'm definitely looking forward to the week's activities," said UC Ambassador Sam Straughn. "Especially because there will be so many avenues of discussion about topics that might not normally be so openly talked about."

Disability Awareness Week began with an adaptive sports event hosted by Maria Lepore-Stevens on Oct. 3. Lepore-Stevens is a certified orientation and mobility specialist working with the Delaware Division of the Visually Impaired who also teaches Disability Studies at West Chester University. Lepore-Stevens directed activities in the Floy Lewis Bakes Center such as sit volley-

ball and beeper baseball to show the ways in which people with disabilities can actively participate in sports.

On Tuesday, Dr. Stevenson of the neuroscience department gave a talk called "The Neurodiversity Movement: Differences not Dysfunction in Disability." Her presentation focused on how neurodiversity is perceived in the social realm and how it challenges us to view disability as a difference rather than a dysfunction.

On Wednesday, Oct. 5, there will be a panel featuring students from Ursinus. The students will discuss their experiences with disability on campus and in the world. Senior Alyse Brewer, who has cerebral palsy, is hoping the panel will embrace an air of openness to discuss what disability means to people and the world around them.

"As a society, we tend to consider disability strictly physical ... when in reality, disability is incredibly diverse," said Brewer. "Many people have disabilities such as learning disabilities, mental illness, or visual impairments, which are invisible and are often stigmatized. It is important that everyone feels validated and we all work together to create an inclusive community at Ursinus."

On Thursday, Oct. 6, Career and Professional Development is collaborating with the Center for Academic Support to discuss disabilities in the workplace. In addition, there will be a presentation by Suzanne Kelso, senior partner for human resources and professional development at SEI, and Linda Horton, business services

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Photo courtesy of Tom Armstrong

WVOU, Ursinus' student radio station, gets a makeover thanks to general manager, Franqui Raffaele.

Ursinus' student radio renaissance

WVOU, Ursinus' radio station, looks to attract more listeners

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Google "WVOU." The first result will bring you to Ursinus' student radio page, the most notable feature of which is a button that says: "Listen Now." Tuning in to Collegeville's only radio station is that simple.

But not a lot of people Google "WVOU." Broadcasting via internet as opposed to through an FM transmitter has its advantages. WVOU's potential is literally worldwide. Yet, its audience hardly includes any listeners at home. The station's most targeted demographic, Ursinus students, aren't tuning in.

The general manager, senior Franqui Raffaele, wants that to change. Raffaele hopes to revitalize the radio station in order to attract more listeners. Raffaele wants local performers playing acoustic material in the studio ev-

ery Thursday, 24/7 lineups of student radio shows, and a big concert at the end of the fall semester. The station just has to make their budget stretch that far.

"We have a very tiny budget compared to that of other clubs like CAB, which has like 50 grand to bring all these people to campus," said Raffaele. "Ours is about [one] grand. It's not that much."

"We've been around for 40 years. We could be so much more than we are."

— Franqui Raffaele
Senior student

Club budgets are decided by any amount of entities. Most clubs will receive some funding from the department they represent, supplemented by funding from Student Activities. WVOU's \$1,000 is all from the media and

communications department. The club isn't receiving any money from Student Activities.

"We have a constitution," said Raffaele. "There's something in our constitution that says we're not allowed to receive funding from Student Activities. No one understands why."

Raffaele thinks this aspect is detrimental to the club.

"A lot of the funding we could receive from that is a missed opportunity and this year I'm making sure we get signed for future generations to continue."

Lack of funds is one problem; lack of student involvement has been another. Few students make up the team because growth has been restrained in years past by the club's aloof and lax take on marketing, coupled with its homogeneity. WVOU has historically been male-dominated.

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"It's somewhat intimidating for women to try to get into this club because it has a very male base," says Raffaele. "Not to say it's a bad thing ... I just want more female involvement."

This year, the station has seen more interested students, male and female, than last year or the year before. The mailing list is in the triple digits.

"It's a little more open because we have more charismatic people," says Raffaele. "And it's not all men. We've got a mix."

WVOU faces other, periodical problems, something Raffaele called, "The Three-Year Curse."

"Every three years, the radio station will get really big and booming and everything's great because you have the right people. And the next year, it falls through because there's nobody to help. We've been around for 40 years. We could be so much more than we are, and it's just wasted potential."

Raffaele's mission is achieving that potential.

"When I leave, there will be a system or structure in place that people can just follow and continue to push," she said. That's why she wants WVOU to join Student Activities to earn more funding despite the constitution no one on staff knows how to defend.

What the club is accomplishing, it does with unadulterated moxie. Raffaele painted the studio herself this summer. The school's colors divide the wall in half, the top old gold, the bottom red, with a horizontal black streak dividing the two. The Department of Media and Communications bought the paint.

Raffaele's other responsibilities include orchestrating the live shows and growing not only an audience but a team of radio hosts. Success in the latter, however, she attributes to a club officer, junior Colin McCloskey.

McCloskey is the music direc-

tor at WVOU, and he thinks that things have gone well. "We have more radio shows and DJs than ever before at the station, which is truly incredible, and just goes to show that the station is on the rise and gaining popularity and talent more and more every day," said McCloskey.

McCloskey's role is to find acts on or off campus and to bring them into the station every Thursday to "channel their tasty frequencies to broadcast through our internet wavelengths."

"We have more DJs and radio shows than ever before at the station, which is truly incredible."

— Colin McCloskey
Junior student

Soon, the team hopes to have local bands lined up for every Thursday in the foreseeable future.

McCloskey worked WVOU's table at the activity fair this year, winning over 100 interested students' signatures. Out of that 100, only 10 responded to the emails that were sent out.

A lot of students are interested in the concept of a student radio station, but most fear a huge commitment that comes with training and learning how to use professional broadcasting equipment. They're wrong. I got trained in 20 minutes after my discussion with Franqui.

The trendy studio boasts stacks of CDs and records. A soundboard wires to two microphones, a CD player, a telephone for call-ins, and the computer that puts it all online. Despite a few labeling mishaps, all is professional and ordered in the WVOU studio.

Raffaele has two rules. No hate speech, and no excessive language. Other than that, students are welcome to say and play pretty much whatever they want.

Sign ups for time slots are lax. Once you're trained, an of-

ficer will help you with your first show. After that, it's just you and the schedule.

If the prophecy Raffaele spoke about is correct, the club will grow this year. More students will host and listen to radio shows. WVOU might actually get pretty close to, if not meet, their goal of running 24/7, student after student.

Raffaele's goal is to achieve a system that will carry the voice of Ursinus off the brim and into the spotlight of recorded history. There are archives that say WVOU started in the 70s. Some people, however, will remember it starting today.



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Awareness continued from pg. 1

representative at the Pennsylvania Office of Vocational Rehabilitation. The discussion will be held in the Bear's Den from noon to 1 p.m.

The final event of Disability Awareness Week is a film showing of "Temple Grandin" on Oct. 6 at 7 p.m. in Olin Auditorium. The movie tells the story of an autistic woman, Temple Grandin, and how she became one of the top scientists involved in the humane handling of livestock. From Oct. 3 to Oct. 17, there will be an art ability exhibit in Myrin library which features art from people with mental disabilities at Bryn Mawr Rehab Hospital. The art is being lent by Bryn Mawr Hospital.

"We've been fortunate to have much support off campus," said Brewer. "[Bermudez] has been

key in organizing these events for our campus."

Bermudez has worked closely with students on campus to enable students under the American with Disabilities Amendments Act and help those with disabilities to reach their academic goals.

Other services are available for students with disabilities on campus. The Career and Professional Development office has kept an updated list online of websites where people with disabilities can go to find job opportunities, support systems, and further opportunities of study after undergraduate work.

For more information, visit the Ursinus disability services website:

<https://www.ursinus.edu/offices/center-for-academic-support/students-with-disabilities/>

Get ready to vote Ursinus!

A primer on registering to vote as a UC student

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Students who are planning to vote this November need to make sure their voter registration is up to date. In Pennsylvania, the voter registration application is due Oct. 11. Students must register before then if they plan to vote in the November election.

Students can check their Pennsylvania voter registration status at the website:

<https://www.pavoterservices.state.pa.us/pages/SurePortal-Home.aspx>.

They can also use this link to register to vote in the state of Pennsylvania or request their absentee ballots.

All Ursinus students with U.S. citizenship, even those who are not from Pa., are eligible to vote

as Pennsylvania residents in this election. When they register to vote they should use Ursinus' address as their home address.

Additionally, students who have changed their address or wish to change their party affiliation will need to re-register.

Students who wish to request absentee ballots from other states or who wish to register in other states can do so here: <https://www.usa.gov/register-to-vote>. Students can also use this website to check out the voter eligibility requirements.

Ursinus politics professor Paul Stern encourages all students to register to vote, especially this November. Said Stern, "I think voting is important as a form of political participation. I would say that registering to vote and voting is the minimum form of participation I would suggest stu-

dents engage in."

Stern believes that it is especially important that students at Ursinus increase their engagement with the issues and ideas surrounding the elections.

"Students who are involved, engaged, and active in receiving a liberal arts education should take [participation] very seriously in the notions and requirements of citizenship. At the very minimum vote, but think carefully about the issues and the notion of justice our community inspires to embody," Stern said.

Students voting in Collegeville should vote at Trinity United Church of Christ at 523 Main St., Collegeville, Pa. Voting will take place Nov. 8.

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Staff positions at The Grizzly are open to students of all majors. Contact the adviser for details.

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Photo courtesy of Ursinus Communications

Ursinus students participate in Philly Experience, an off-campus program that allows students to live and study in Philadelphia.

CSCG Speaker Dissects Affordable Care Act

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On Sept. 27, Heather Howard, the program director for the State Health Reform Assistance Network at Princeton's Woodrow Wilson School of Public and International Affairs, came to speak at Ursinus College in an event funded by the Parlee Center for Science and the Common Good. In her talk Howard discussed the Affordable Health Care Act (ACA) and emphasized the important role medical professionals have in affecting health care policy. She explained that without doctors taking action to shape policy that affects them, they will always find it working against them.

Howard has experience in the legal and political side of health care at both the state and the national level, including work under Hillary Clinton when she was First Lady and controlling a budget of \$3.5 billion to introduce the ACA to New Jersey. Her lecture, and the discussion afterwards, focused on the nature of the ACA, how it has been implemented, and its successes and failures. The talk drew a large audience, including many students interested in health care as a career.

First year student and prospective chemistry major Emily Bender found the talk informative. "I went because I'm pretty interested in the Affordable Care Act and the whole political side of health care in this country. I came in not knowing a lot about it, so I am more informed now. I didn't have an opinion to change before, [but now] I do," she said, having only been in sixth grade when the bill was passed.

A rounded perspective was a major emphasis of the presentation. Howard took no political sides.

Bender added, "I really appreciated the fact that she was almost entirely neutral for the entire thing; she wasn't saying how great or how bad of an act it was."

Despite not staking out a political agenda, Howard did discuss the political agendas of others. She showed a graphic comparing the effects of both Hillary Clinton and Donald Trump's plans for the ACA, and explained her worries that a repeal of the ACA would represent a step backward for our country. Howard stated in her lecture, "Young people, people of color, people with pre-existing conditions and people with low incomes were most likely to be uninsured despite needing the coverage the most." According to Howard, if the ACA was undone

those people would yet again become uninsured.

Bender appreciated this commentary. "I thought the breakdown that she did at the end of it of what would happen to the ACA depending on which candidate won the election was really cool."

Howard left campus having challenged students to think critically about a topic that many of us are invested in.

Said Howard, "Health care is still too expensive for the average consumer, and if even the current ACA cannot address this issue, how can we as a society change this?"

The next CSCG speaker will be Dr. Monica Vela, an associate professor of medicine at the University of Chicago's Pritzker School of Medicine. She will give a talk titled "A Decade of Teaching on Health Disparities: Incorporating Equity and Advocacy" on Thursday, Nov. 3 in Olin Auditorium.

With additional reporting by Omar Elhawwy.

Students adjust to Philly Experience

Senior Mara Koren reflects on her first month as a Philly X participant

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When I signed up for the Philadelphia Experience ("Philly X"), I'd been to Philly a few times and it seemed pretty cool. I'd lived in Collegeville for three years, and the rest of my life in a suburb of Baltimore. Both are the sort of places where you need a driver's license if you want to go anywhere. If you don't have a license or car, you need a bunch of friends to text one by one when you want to go to Wegmans on a Thursday night. After a summer in Collegeville, I was frustrated by the lack of places to go without a car, even when I didn't mind walking a few miles.

With Philly X, I live on the 23rd floor of the Summit, Drexel's newest dorm. I have a beautiful view facing northeast. I can see the highway, the art museum, the zoo balloon, and two tennis courts which are right below my window. I like watching the tennis players practice; it's sort of like free TV. One night my roommates and I turned off all the lights and looked at a half moon, glowing orange above the city.

As part of Philly X we have free monthly SEPTA passes, which makes exploring the city easy. I've been east to the bank of the Delaware River, north to Huntingdon Station, west to 49th Street, and south on the Broad Street Line. My internship is at Broad Street Ministry (BSM), where I help with their soup kitchen. Working at BSM is what makes me most glad that I decided to do Philly X. My shifts are three hours long, three or more times a week. There are usually about 10-20 other volunteers. First, we ready the main hall of the church, laying place[mats]- and tablecloths, putting bread in baskets and pieces of cake in paper boats. Then for the next two hours I pour water for people, ask them about their day, and serve them dinner. For three hours I feel extremely useful. I know I am actively helping people, and I'm so grateful for that experience.

I'm taking Dr. Nzadi Keita's memoir class and a Drexel English class on Hemingway and

Faulkner. My Drexel professor didn't know he had an Ursinus student enrolled in his class, but he's been very welcoming. The class has about 25 students, which is large for an Ursinus 300-level English class, and participation/blog posts are only worth 10 percent of the total grade, which is unheard of at UC. There are students in the class who are non-majors. Some of the class discussion is in-depth analysis, and sometimes, when called on, students admit outright that they haven't read the book.

The thing that has been hardest to adjust to is the Drexel meal plan. There aren't many good vegan/vegetarian options, and despite its size compared to Ursinus, Drexel has fewer options in its main dining hall. Meal credits are allotted to certain combinations of food in the dining hall that's more like eating at Lower. A hamburger and fries is worth one meal swipe, but a veggie burger and fries is 11 dining dollars. Also: their vegan tacos come with sour cream and their bagels are rectangular. There's good news for coffee drinkers, though: five Starbucks are in walking distance.

Overall, the adjustment to Philly wasn't as huge as I thought it would be. Living with Ursinus students does create something of a social bubble. Compared to Ursinus, outside of classes it's hard to get to know people, and dorm-style living isn't always conducive to meeting people. Some UC students have talked about a feeling of isolation. I eat most meals by myself, and often spend a large amount of the day at a class with no one I know, or at my internship. For me, this hasn't felt too isolating. I have great roommates, and I enjoy working with and meeting people at my internship. The anonymity here is refreshing to me, after three years at Ursinus where everyone knows who you are and that you're not with friends at dinner. At the end of the day, though, if all else fails, you can lie on your bed and watch the tennis players volley over the net and accidentally send a ball sailing over the fence, out into the night.

Schroeder takes love for American Studies abroad

After retiring from Ursinus this semester, the English professor will spend the spring in Rome teaching graduate courses in American Studies

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The third floor of Olin Hall, home to the English department, is bustling on a crisp Tuesday afternoon. While the fall weather has been drawing many people outside, Dr. Patricia Schroeder is hard at work during her last semester at Ursinus. After calling Ursinus home for many years, the longtime English professor and UC alumna is planning her retirement, but not before spending a semester in one of her favorite places: Italy.

Schroeder, who is also the coordinator of the American Studies program at Ursinus, is a two-time Fulbright Scholar and will be teaching graduate courses in American Studies abroad at Roma Tre and Sapienza universities in Rome in the spring of 2017.

In 2010, Schroeder taught as a Fulbright at the University of Catania in Sicily. She has also spent two semesters in Florence, teaching students in the Ursinus study abroad program. A photograph of the Sicilian landscape graces her computer desktop screen, an everyday reminder of what awaits

her in the spring.

Schroeder's love for Italy runs deep. Growing up in an Italian-American family, she always dreamed about visiting the country. She and her husband spent a year taking Italian lessons before planning a three-week trip to Italy for their 25th wedding anniversary. "We got hooked and have been back every year since," Schroeder said.

"As a colleague, as a human being, and as a friend, she's a very giving, kind, compassionate person, who's always very cheerful."

— Dr. Rebecca Jaroff
Chair, English department

The highly selective Fulbright program is an honor bestowed upon few. The international exchange program, which Schroeder will be participating in, is designed to bolster international relationships and increase mutual understanding between U.S. citizens and the people of other countries. The program offers only 500 teaching and research

grants each year. Recipients are chosen based on academic merit and leadership capabilities.

As a professor and scholar of American Studies, Schroeder shares her love of Italian culture with a love of American blues culture. She specializes in cultural studies of the influence of blues music on American literature; her research focusing on legendary blues musician Robert Johnson and his place in American culture. In Rome, Schroeder will teach an interdisciplinary course titled "Race Matters in American Literature, Music and Culture" to Ph.D. students.

While Schroeder is used to traveling and teaching in Italy, living and working in the larger city of Rome will be a new experience for her. "It's a little intimidating, I've never lived in such a big city...but I think I can manage," the Schwenksville native said.

"Si, parlo Italiano!" Schroeder said, confirming her ability to speak what she described as "enough Italian to get around."

"I love languages; of course, I'm an English teacher," she said.

Schroeder's departure from the Ursinus English department is bittersweet. She graduated magna



Photo courtesy of Patricia Schroeder

Dr. Patricia Schroeder, pictured here, will spend her final semester teaching American Studies in Rome before retiring.

cum laude from Ursinus in 1974, before earning her master's and Ph.D. from the University of Virginia. Dr. Rebecca Jaroff, chair of the English department and Schroeder's close personal friend, describes her as the "Little Miss Sunshine" of the English department.

"As a colleague, as a human being, and as a friend, she's a very giving, kind, compassionate

person, who's always very cheerful," Jaroff explained, describing Schroeder's ever-positive attitude.

"That, we will miss greatly," Jaroff said.

In describing what initially drew her to English, Schroeder said with a laugh, simply, "I like

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An electronic spin on music

The Robot Bears make their mark on the UC music scene

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Electronic music may get a bad rap from a lot of people, but Ursinus's Electronic Music Production Club, also known as the Robot Bears, are here to change that. The brainchild of Dr. Michael Bratt, professor of music, the Robot Bears are a self-described "army of people who do electronic music."

Bratt explained his inspiration for the club. "I was always

obsessed with the different ways people create," he said. "I wanted to learn about all the different aspects of how people make music. So, composing electronic music was another way of [doing] that."

"I really think that if Beethoven were creating music today, he would be working in electronics as well. He wrote for the instruments of his day, and in our day the computer is now one of those instruments," Bratt said.

According to first-year club member Andrew McSwiggan, most of the composing happens

independently.

"Dr. Bratt will help with software if you ask him to, but the music production happens outside of the club," said McSwiggan. "The meetings aren't where the meat of the club is. What makes the club really special is what happens in the outside hours."

McSwiggan is a veteran DJ and composer of electronic music. In addition to working as a professional DJ, he is the head of his own record label called Tradrec, an international label that reaches to the UK, Germany

and New Zealand.

"The cool thing about music in general is that there [are] a few different aspects to it," said McSwiggan. "The composition is where an artist sits down and tries to write a song, tries to figure out melodies, and tries to convey a message. The production aspect is when artists get to play with what they wrote. They get to go back and edit what they've done, and try something creative. That's my favorite part of creating music."

McSwiggan explained his interest in alternative genres such as electronic music and his aversion to popular music. "In pop music, country, and practically every genre, there's radio," he said.

"Pop stuff on the radio doesn't define the genre. It just shows what's commercially successful. You can't base electronic music on what you hear on the radio."

"Electronic music, for the most part, is still an underground genre; these are the [types of artists] we analyze and listen to. We listen to artists like Varien, Direct, Koven, and Mr. Fiji Wiji," he added.

Many people might assume that DJs have all of their music programmed into their computer, but McSwiggan and Bratt dispute this notion. In their view, DJs don't just stand around and let their computer do the work.

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to read books and talk about them.” She mentioned William Faulkner’s “Light in August” as one of her all-time favorite books, and one she teaches frequently.

Throughout her career, her interests have broadened to include not only American literature and drama, but the more culturally-based discipline of American Studies. “That really rejuvenated me in my thinking about literature,” Schroeder said.

“She taught me how to write properly and speak eloquently ... she’s helped me gain interdisciplinary perspectives.”

— Skye Gailing
Ursinus Junior

While Schroeder’s presence in the English department will be missed, her colleagues look forward to seeing what she does in the future. Jaroff described Schroeder as a role model and a “shining beacon in the distance.”

“Patti is an extremely supportive colleague and very generous ... [we] share a real passion for teaching, student-centered learning, and how to get students to love literature,” Jaroff explained.

“Whatever it is that she finds

to do [in her retirement], it will be interesting and fun,” Jaroff said.

Schroeder’s students agree that she is the kind of professor that makes a lasting impact.

“She really pushes you to do your best work and to get the most out of [class] discussion,” student Fiona Coplend said.

American Studies major Skye Gailing added that Schroeder has taught her “how to be a college student” over the last two years.

“She taught me how to write properly and speak eloquently when discussing scholarly texts ... she’s helped me gain interdisciplinary perspectives,” Gailing, who is also one of Schroeder’s advisees, said. “[I] will miss her bunches.”

In her spare time, Schroeder enjoys bicycling, going to the theater, and seeing live music, and looks forward to having more opportunities to do so after returning from Italy. While Schroeder said she would like to have “less stress” in her retirement, she eschews the common notion that retirement is for relaxing, and plans to further her passions for English and American Studies. She also plans to continue to take courses in Italian to improve her fluency and prepare for many more future visits to the country that has become her second home.

With reporting by Catherine Urbanski



Members of the Robot Bears, Ursinus’ electronic music club, pictured here with their advisor, music professor Dr. Michael Bratt. The club puts on two concerts per year, and is in the process of creating an album.

Robot continued from pg. 4

Dr. Bratt said he tries to use traditional live instruments in tandem with electronics. “I want the computer to play some active role in the composition so it is not just a glorified MP3 player,” said Bratt. “A lot of my work is about the relationship between people and machines.”

The Robot Bears have been active for over two years, and Bratt said that the club has “finally grown to the point where we can have concerts.” They currently put on two concerts per year, and plan on releasing an album on iTunes next semester.

McSwiggan indicated his desire for the club to branch out to other parts of campus. “I would love to DJ sometime at Reimert,” said McSwiggan. “I’m trying to get my name out there. And I’m

sure the same is true with the other Robot Bears who create their own music.”

Bratt encourages students to give the Robot Bears a listen. “Anyone who has any interest in it should stop by,” he said. “Even if you have no background in it, you can have access to our lab and start learning. We are a bunch of people who make electronic music in our music lab. We are a really friendly bunch.”

“I don’t want a slew of students to sound like me. I want to empower students to be who they are.”

— Dr. Michael Bratt
Professor of music

For those who might not be familiar with the genre, Bratt emphasized the importance of listen-

ing to electronic music with an open mind. Bratt said he doesn’t “listen to electronic music much differently than [he] listen[s] to other music.”

He outlined his listening process. “I am more intent about sitting and listening to music with nothing else around,” he said. “Really listening and focusing my attention. I think the first thing I try to figure out with any piece of music is: What is this composer trying to say [and] how are they saying it? When I figure that out, I listen to how creatively they are going about it.”


He continued, “I adore it when people are inventive. The technical aspects—panning, spatialization, mastering, reverb, delay, etc.—all stem from those larger questions. I don’t want a slew of students that sound like me. I want to empower students to be who they are.”

Have a feedback on anything we covered?

We welcome your letters to the editor!

Send us your thoughts to:
grizzly@ursinus.edu

Happening on Campus

Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday
A Midsummer Night’s Dream Opening night 7:30 p.m. Lenfest Theater	Pause for Paws 12 p.m. Olin Plaza	S’mores & Guitars Under the Stars 8 p.m. Outside New Hall		HEP Public Health Fair All day Wisner	Resumania 10 a.m. - 4 p.m. Career and Professional Development Office	U-Speak Series: Ze (Zie) and Zir: Exploring non-Gendered Pronouns 6 p.m. Unity House

Use your vote and use it wisely this November

Leighnah Perkins
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“I’m not voting this year; I don’t even want to,” one of my friends said when we discussed the first presidential debate in one of our classes. “It wouldn’t matter or change anything. I’m not registered.” She shrugged as if she hadn’t just dismissed one of the best parts of being a citizen in this country.

I had heard these kinds of comments numerous times this election cycle, from my friends, boyfriend, and even my dad. Social media posts contain people complaining about how “mean” and uncomfortable talking politics can be, especially this year. It seems that with such a contentious election season (mainly due to the candidates) people of all ages seem uninterested in casting their vote.

Yet, in this election more than ever, everyone needs to go out and

vote. No matter your opinion on the candidates, it’s important to use your vote and use it well.

Take the importance of voting from someone who cannot vote in this country yet lives here, like my mother. “It troubles me to hear people say things like ‘I’m not voting because my vote won’t make a difference’ or ‘I’m not voting because both candidates are awful and I have to follow my conscience,’” she said. My mom is from Toronto, Canada and lives as a legal alien which means she is not a citizen of the US, but she can legally live in the country. “There is a lack of understanding about what happens when one doesn’t vote. By not voting or by writing in some random name, you will still be setting something in motion that might be even less palatable for your conscience.”

Even beyond having the right to vote as a US citizen, your vote does make a difference. There’s power in numbers. There is no

stand being taken by not voting: You’ve only taken away your own means to voice your opinion in this country. If you don’t vote, you should be prepared to watch the next four years unfold without your opinion since you could have helped change the outcome.

Famed nonpartisan political organization Rock the Vote states on their website, “Millennials are over 80 million strong and growing. With that mass, we represent a voting block that can and does swing elections. The youth vote is a huge force for social change. We are the most diverse generation yet. We are passionate about the issues and we give our time to causes we care about and issues that inspire us.” It’s tempting to think that whoever is president won’t affect you, especially in the “Ursinus bubble.” We’re young, we’re just starting out, and issues that don’t happen on campus might feel far away and foreign.

Yet, think about how fast the

past four years went by leading up to this year’s election. By the time the next election rolls around, you could be married, have children, buy a house, or pay for your own health insurance. And don’t forget about paying off your student loans. All of these things are linked to larger systemic issues like the government’s actions on health insurance, reproductive rights, and so on. The candidates for the presidency have positions and plans for addressing these issues. If you want things to be a certain way when you’re just beginning to craft your adult life, it’s a good idea for you to cast your vote.

What’s worse is that people who don’t vote typically only look towards the presidential election rather than the local government election that will directly affect you. Very few people vote in local elections when the choice of those officials is actually very important. They will be making new local laws and have a solid amount

of control over how your taxes are used. I believe that most people would want a say in where their money is going.

Overall, voting is a civic responsibility that we should not take lightly. It’s not something to shrug off because you feel disenfranchised by the government or you don’t like the candidates. It’s not something to skip because you think registering to vote is too complicated or you just don’t feel like it.

Take ten minutes out of your day to read up on the candidates and register to vote. In Pennsylvania the registration deadline is Oct. 11. You can register online or mail in the registration forms available in the registrar’s office. As I learned in the primaries, voting takes five minutes. If you make the decision to register and vote this November, think about how you can proudly wear your “I voted” sticker because you let your voice be heard.

Here’s what it’s like to be a Republican at UC

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It is pretty clear that Ursinus is a liberal campus—from the student organizations, the events we hold, the comments professors make in class, to the TVs in Lower regularly broadcasting CNN. Being a conservative on a liberal campus comes with being prepared to be ridiculed and ostracized. You also have to grow some thick skin to promote your ideals.

Christian Johnson, a junior, said that he had strong conservative beliefs that often are not met kindly on campus. “As a conservative, I hold staunch beliefs rooted in personal responsibility and accountability,” he said. “I also hold a deep respect for the first and second amendments of the Constitution. I firmly stand by the principles of capitalism, the free market, and the incredible power of human ingenuity... [However], I understand that people are capable of having heart and having hatred.”

As a student, sometimes my political ideology becomes the representation of my identity around my fellow classmates. It comes with unfair assumptions about Republi-

can ideals and beliefs. Robert Rein, vice president of the Ursinus College Republicans, said that he feels like people don’t understand what Republicans are about because they are so quick to judge.

“People often associate us with radical Republican sects [like the Tea Party] when those sects don’t represent all of the Republican Party,” said Rein. “Traditionally, the Republican Party stands for conservatism, free market values, and small government. Nowadays, we are often misunderstood and seen as bigots and racists because of partisan interests.”

Additionally, we are often all placed into cookie-cutter labels. “I personally don’t even support Donald Trump because I don’t think he stands for what I believe in politically, yet I am automatically labeled as a Trump-supporting tea-party conservative,” Rein continued.

Personally, I align with many facets of the Republican Party, but that does not mean I vote as a conservative on every issue on the party’s platform. I am a women’s studies major that is strongly pro-choice. In fact, I have researched reproductive freedom for the past two years. However, I have on

numerous occasions been not so politely asked how I could possibly be a woman, a feminist, and a Republican, as if they are mutually exclusive. Students of different political ideologies constantly ask to be heard and not judged, and they promote acceptance and inclusivity. However, they rarely offer the same courtesy in return.

“We are often stereotyped as bigots and racists, which is far from the truth,” said Rein. “We often get attacked on social media or in classrooms for bringing our conservative opinions into discussions. We want to express our opinions constructively, but we instead get attacked and ridiculed for having different opinions.”

He continued, “I believe in the notion of free speech and working hard for what you earn. That being said, I don’t support when someone uses their right of free speech to spew hate speech or xenophobic statements ... There is a stark difference between supporting and protecting the people’s right to free speech and supporting hate speech, and I believe that many people fail to see this difference [today].”

My first few semesters at Ursinus, I was proud to declare my political beliefs and speak up about

what I stand for. Lately, however, the discourse has been extremely negative. I no longer feel comfortable standing up for my ideals because my words get twisted and I get labeled a woman-hater, a racist and uneducated. I am now afraid to speak up in class because even my professors discredit my statements. I no longer share my thoughts on social media because everyone just seems appalled that I could ever have a different opinion. As the president of the College Republicans, I am often the spokesperson for all Republicans on campus. I take this job proudly and I am happy to represent the ideals I stand for; however, I often question how I am supposed to represent my fellow College Republicans while personally feeling silenced by my peers.

Johnson expressed how constantly being around people who agree with you can make you unable to give new ideas a chance. “When people stay within their own bubble, they never realize what their own weaknesses are,” he said. “If you never leave your own echo chamber, you only reinforce your ideas, morality, flaws, and vices through a bias of confirmation and ignorance of others.”

Irene Hess, the College Republicans’ treasurer felt similarly. “My political view is very unpopular here at UC, but I proudly support the Republican Party regardless,” she said. “I feel that everyone should be entitled to their own opinion no matter what it is.”

At the end of the day, all we are asking for is acceptance and respect. You will not find me generalizing or being derogatory to students for their political views. I am happy to engage in a positive discourse; in fact, that is our organization’s biggest goal. As an organization we constantly have tried to engage in all-campus political events over the last two years with the other political groups on this campus; however, the other organizations rarely want to work with us. The goal of the College Republicans is not only to provide a space for students of similar political views, but to encourage political awareness overall among our students. Our events are always open to campus regardless of political affiliation and we would be happy to have more joint events with other political organizations as soon as they are willing.



The main hallway in Coaches' Row located within the Floy Lewis Bakes Field House in which all varsity coaches are located. The director of athletics and the sports information director are also located here.

The Life of a Student Athlete at Ursinus: From Practice to Class

Senior Ann Kopera and sophomore Evan Cirafesi give exclusive insight into athletics

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Ursinus has a diverse, determined, and committed group of student athletes, who make up one-third of the student body. But why did they ultimately decide on Ursinus, and what kept them here? We sat down with senior field hockey player Ann Kopera and sophomore cross country runner Evan Cirafesi to learn more about what they truly think about Ursinus Athletics

Most students have their own

personal story as to how Ursinus attracted them, whether it is the close-knit community, academics that include small class size, athletics, or just the people.

"I ultimately chose to come to Ursinus because of the great field hockey program and strong science program," said senior field hockey player Ann Kopera.

As many people know, Ursinus is respected throughout the academic community for its science and pre-med programs, and the Bears field hockey program constantly produces one of the top teams in all of Division III.

Last season the Bears made it all the way to the NCAA Division III National Championship game.

Sophomore cross country and track athlete Evan Cirafesi, a local product of Upper Merion High School, came to Ursinus for

"I liked the team when came on a recruiting visit ... I like the friends I have made."

—Evan Cirafesi
UC Cross Country Athlete

many reasons, but nothing stood out to him as much as the campus and team atmosphere.

"I liked the campus," said Cirafesi. "I liked the team when I came on a recruiting visit."

When a part of any organization, one experiences perks and drawbacks; this is no different with athletics.

"My favorite thing about being an athlete is my team," said Kopera. "My coaches and teammates are awesome people."

The family atmosphere is something that many athletes speak highly of; the Ursinus sports teams are a great example of this.

"I like the friends I have made," said Cirafesi.

Athletes are also thankful for the great cooperation that they get from professors, faculty and staff.

"I have not had a problem with having to leave class to go to a meet," said Cirafesi.

"Ursinus professors are accommodating to work with students' schedules of practices and games," Kopera added. Kopera was especially grateful for the help provided by her professors and coaches when she missed an entire week of classes due to a concussion.

"I was out of class for a whole week, missed exams, and missed practice," she said. "My professors and coaches were so helpful and beyond accommodating to help me get my work done."

Despite the high praise they have for the school and the athletic department, there are a few things that both Cirafesi and Kopera believe contribute to making a student-athlete's life more difficult.

"My least favorite thing about being an athlete is having to play weekday games," said Kopera. "It can be very challenging to focus on a full day of class and then switch to a game-ready mindset."

Cirafesi echoed this statement, saying, "Sometimes the week

[leading up to a race] can get stressful."

"Since my freshman year, the athletic program has really listened to student feedback and made positive changes."

— Ann Kopera
UC Field Hockey Athlete

Both athletes agreed that the athletic department is consistently looking for ways to help improve their performance on and off the field. A great example of this is the recent hire of strength and conditioning coach, Eric Hoffman, who is available for each team to use as a resource.

"Since my freshman year, the athletic program has really listened to student feedback and made positive changes that benefit players and coaches," said Kopera.

With the great academics, facilities and resources available, Ursinus athletes are set up to compete with any school in the Centennial Conference. As a determined group, they have the potential to compete at the highest level.

Occupying a rank near the top of the conference with a record of 7-2, Kopera and the Ursinus field hockey team return to action this week when they host conference foe Haverford. The team will then travel to Baltimore to take on Johns Hopkins on Saturday.

Cirafesi and the Ursinus cross country program have already been off to a hot start, which they bolstered with a stellar 10th place performance at Lehigh's Paul Short Run on Oct. 1. The Bears will return to action on Oct. 15 when they make the short trip to New Jersey to compete at Rowan University.

Scores as of Monday, Oct. 3, 2016

Field Hockey (7-2)	Football (0-5)	M. Soccer (3-6)	W. Soccer (3-5-1)	Volleyball (8-7)	M. Cross County (0-0)	W. Cross Country (0-0)
Sept. 28; Ursinus 6 - Swarthmore 0	Oct. 1; Moravian 33 - Ursinus 32 TD(s): Sal Bello (1) Carmen Fortino (1) Stacy Gardner (1) Jack Spingler (1) Tim Rafter (1) FG(s): Ford (2)	Sept. 28; Franklin & Marshall 3 - Ursinus 0	Oct. 1; McDaniel 1 - Ursinus 0	Sept. 28; Ursinus 3 - Bryn Mawr 1 Sept. 29; Penn St.- Berks 3 Ursinus 2 Oct. 1; McDaniel 3 - Ursinus 0 Ursinus 3 - Randolph 2	Paul Short Run 10th Place 323 Points	Paul Short Run 22nd Place 529 Points



Photo Courtesy of Amelia Goldstein

Head coach Keith Cappel is in his first year at the helm of the Ursinus men's soccer team. So far, Cappel has already surpassed the win total from last season.

Kicking it into overdrive

Keith Cappel took over as head coach of the Ursinus men's soccer team for the 2016 season. He has already surpassed the win total from last season and hopes to lead the Bears to the playoffs

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The regular season of the fall varsity sports teams have gotten underway and men's soccer is looking for a fresh start with the addition of first-year head coach Keith Cappel. Having already surpassed their win total from last year, the team has enjoyed quite a successful start.

After the team finished last season with only two total wins—and no wins at all in conference

play—the program turned to Cappel to help get them back to their winning ways. He has an extensive background in soccer and could prove to be just what the Bears need to spark a comeback.

Cappel's most recent position was as an assistant for the Temple Owls women's team, who he helped to reach the American Athletic Conference quarterfinals in 2015. Prior to that he served as the head coach of the Chestnut Hill College men's soccer team from 2010 to 2013; he led the team to their first ever CACC

tournament appearance in 2012. He has worked on the professional level from 2009 to 2010 with Philadelphia Liberty FC of the Women's Premier Soccer League, which also made their first post-season appearance during his time there. Along with working at the professional and collegiate level, he acted as the boys' soccer assistant and the head of player development at Bishop Dennis J. O'Connell High School and Thomas A. Edison High School from 2004 to 2006.

Coach Cappel is not only pre-

pared for the season, but was also very excited to see how his team progressed over the summer and how they will compete with the other teams in the conference.

"The preseason was extremely productive," Cappel noted. "The guys really bought into coming in in the best possible shape. The results of the fitness test[s] were outstanding."

The players were expected to come back in shape, but their first preseason game, against Philadelphia University, was their first real test.

"We played a team that is traditionally pretty good," said Cappel. "We were very organized defensively and came out with a win, 1-0." Following that first test, the Bears have enjoyed success in the regular season against foes Susquehanna, Cabrini, and Marywood.

Moving forward, Cappel feels great about the upcoming games.

"[The] guys have really bought into what we're doing as a staff, along with our philosophy and our style of play," he said. "I think the previous staff did a really good job [of] bringing in some good character guys."

According to the preseason poll, the team is projected to finish 9th in the Centennial Conference this year, finishing with a record better than only McDaniel.

The Bears have a solid number of returning players this year, one of which is senior captain Ryan Molyneaux.

"After [the] disappointing season we had last year, it would [have been] easy for guys to back away from the team. Instead, we have come together to ultimately achieve our goal of reaching the conference tournament this year," he said, reflecting how the

season has progressed so far.

Molyneaux has nothing but positive things to say about Coach Cappel.

"From the moment I met him I knew he had a great IQ for the game and a sense of humor that would connect well with the guys on the team."

—Ryan Molyneaux
UC Men's Soccer Athlete

"From the moment I met him I knew he had a great IQ for the game and a sense of humor that would connect well with the guys on the team. He has brought a new dynamic to practices that has everyone working hard [the entire time]."

Next Saturday, Oct. 8, the Bears will play at home against rival Johns Hopkins at 3 p.m.

WRITERS WANTED

Lend your
voice to The
Grizzly

Join us for our
weekly news
meeting

Mondays,
6 p.m.

Upcoming Games

Thursday	Friday	Saturday	Sat. Cont.	Sunday	Monday	Tuesday
		W. Volleyball vs. Johns Hopkins 12 p.m.	M. Soccer vs. Johns Hopkins 3 p.m.			Field Hockey vs. Arcadia 4:30 p.m.
		W. Soccer vs. Johns Hopkins 12 p.m.	W. Volleyball vs. Manhattanville 4 p.m.			
		Field Hockey @ Johns Hopkins 1 p.m.				